

## Snack Time—Number Sense and Counting

### Advice for Families

- Make snack time an enjoyable *and* learning experience for you and your child. Follow your child's lead. Use your child's comments and questions to start conversation about numbers and counting.
- Take advantage of daily routines like snack time to help your child learn about numbers. It is much more effective than simply drilling with flashcards.
- Provide opportunities for your child to help in the snack time preparation. These valuable hands-on experiences provide the basis for meaningful conversations about numbers and counting.
- Encourage your child to help pour, measure, and stir mixtures like pancake batter. This builds important background knowledge about how their world works and provides a basis for conversations about numbers and counting.
- Invest time making numbers and counting fun! Quality conversations contribute greatly to mathematical learning.