

## Setting the Table-- Sound (Phonological) Awareness

### Activities for Families

- Spend time having quality conversations with your child throughout daily routines (dressing, cooking, meal time, picking up toys). This will allow you to talk about sounds in words in meaningful ways. (For example: Let's pick up the toy that starts with the /d/ sound. Oh look! Here is your *dog*. \* Remember, talk about the *sound*, not the *letter*.)
- Sing simple songs with your child. They have many rhyming words that you can emphasize. "Twinkle, twinkle little star," "Mary had a little lamb," and similar children's songs have been enjoyed by families for decades.
- Read books that use rhyming patterns. This will allow you to draw attention to the rhymes and expose your child to new words presented in fun ways. Books like *Brown Bear, Brown Bear, Miss Mary Mack, and Ten Little Monkeys* use rhyme and rhythm that children love.
- Teach and recite nursery rhymes together. Children love their fun patterns, unusual use of words, and engaging rhythms (Humpty, Dumpty sat on a wall, etc).