

Reading to your infant

Advice to Families

- Make reading an enjoyable time. Follow your baby's lead. Let your baby decide when and how long you read together.
- Encourage your baby to explore books in different ways. Mouthing, banging and stacking are age appropriate ways to learn about books.
- Hold your baby while reading. Your voice and your closeness enhance this social-emotional and learning experience.
- Don't feel you need to read the entire book. Focus on pages your baby enjoys.
- Help your baby touch the pictures as you label them in books. Babies use all their senses when learning.