

Reading to your infant

Activities for families

- Read to your baby every day. Make it part of your daily routine.
- Choose books designed for babies. Board books with large, bright pictures or photographs appeal to babies.
- When reading, use exaggerated expression, changing your pitch from high to low, and prolonging key words.
- No need to read the words as written. Make adjustments as you like. You know what will get your baby's attention.
- Use family photo albums as books to "read." Babies love distinctive photos of familiar family members.
- Read favorite books over and over. Babies love and learn from repetition.