

Public Speaking Panic Practice Activities

Emma and her friends have been assigned to give a speech to their class. To help her students improve their public speaking skills, the teacher advised the students to go to a website devoted to public speaking. The teacher said this website has examples of real students delivering speeches at their school. Finally, Emma's teacher assigned the students to evaluate one of the speeches at this website using a "reaction sheet" she has developed.

Now it's your turn:

Search for a video of someone giving a speech.

Did the speaker...

Yes

No

Introduction

Begin with an attention getter to interest the audience? _____

State the purpose of the speech? _____

Consider who will be in the audience? _____

Body

Support the purpose with specific reasons? _____

Present organized ideas that are easy to follow? _____

Conclusion

Conclude with a final, memorable statement? _____

Use good speaking skills and is easy to understand? _____

Show that he/she has practiced the speech? _____

Finally, go to the following website to learn more about ways to improve your communication skills:

http://www.ehow.com/how_2305570_organize-body-speech.html

Here is a short step-by-step list describing how to organize the body of a speech

75% of people fear public speaking. 60% of people have been denied jobs because of poor communication skills. Students who improve their public speaking skills will find themselves better prepared for school and the real world. Follow the guidelines below to help prepare for giving a speech:

1. Follow the guidelines for your speech

- Clearly identify the purpose
- Determine the appropriate length of time
- Consider your audience

2. Organize the structure of your speech

- Build a strong introduction. Be sure to include an attention getter and purpose statement
- Complete a well-organized body section. Make sure you have specific details for each main point
- Create a memorable conclusion. Work to have a concluding statement

3. Practice presenting your speech

- The more you practice delivering your speech to family members, a trusted friend, and to yourself, the better you will do during the formal presentation!

Emma has finished researching, organizing, and preparing her speech. Now she is ready to practice delivering it to an audience. To help this process, Emma printed off a "reaction sheet" her teacher developed for her students to use at home, and has given this to her dad to use as he listens to her speech. After the speech her father will go over the notes he put on the reaction sheet with Emma in order to help her become more confident when speaking in class.

Now it's your turn:

Give one of your family members the following "reaction sheet." As you practice delivering your speech have this person record their thoughts on the reaction sheet. Finally, after the speech is finished, go over the person's notes together. Listen to their suggestions and feedback. Make any changes necessary and then practice delivering the speech again!

Public Speaking Reaction Sheet

Did your child:

	Yes	No
Introduction		
Begin with an attention getter to interest the audience?	_____	_____
State the purpose of the speech?	_____	_____
Consider who will be in the audience?	_____	_____
Body		
Support the purpose with specific reasons?	_____	_____
Present organized ideas that are easy to follow?	_____	_____
Conclusion		
Conclude with a final, memorable statement? ?	_____	_____
Use good speaking skills and is easy to understand?	_____	_____
Show that they have practiced the speech?	_____	_____

Helping your child develop the skills associated with effective communication is an important thing for a parent to do. This article gives advice on how parents can work to accomplish this with their children.