Early Learning Standards

[The Head Start Child Development and Early Learning Framework](#) provides Head Start and other early childhood programs with a description of the developmental building blocks that are most important for a child's school and long-term success. Target Ball, as a game demonstrated in the video, may meets the following standards of this Framework:

Physical Health and Development
- Gets sufficient rest and exercise to support healthy development;
- Participates in structured and unstructured physical activities;
- Develops motor control and balance for a range of physical activities;
- Develops motor coordination and skill in using objects for a range of physical activities;
- Understands movement concepts;
- Develops eye-hand coordination to use everyday tools;
- Manipulates writing, drawing, and art tools.

Social and Emotional Development
- Communicates with familiar adults and accepts or requests guidance;
- Cooperates with others;
- Uses socially appropriate behavior with peers and adults, such as helping, sharing, and taking turns;
- Recognizes how actions affect others and accepts consequences of one's actions;
- Demonstrates age-appropriate independence in a range of activities, routines, and tasks;
- Demonstrates age appropriate independence in decision making regarding activities and materials;
- Follows simple rules, routines, and directions.

Approaches to Learning
- Asks questions and seeks new information;
- Maintains interest in a project or activity until completed;
- Resists distractions, maintains attention, and continues the task at hand through frustration or challenges;
- Joins in cooperative play with others and invites others to play.

Logic and Reasoning
- Seeks multiple solutions to a question, task, or problem;
- Recognizes cause and effect relationships;
- Classifies, compares, and contrasts objects, events, and experiences;
- Uses past knowledge to build new knowledge.

Language Development
- Attends to language during conversations, songs, stories, or other learning experiences;
- Comprehends increasingly complex and varied vocabulary;
- Engages in communication and conversation with others;
- Uses language to express ideas and needs;
- Uses increasingly complex and varied vocabulary.

Literacy Knowledge and Skills
- Recognizes that letters of the alphabet have distinct sound(s) associated with them;
- Recognizes print in everyday life, such as numbers, letters, one's name, words, and familiar logos and signs;
- Experiments with writing tools and materials;
- Copies, traces, or independently writes letters or words.

Mathematics Knowledge and Skills
- Recognizes numbers and quantities in the everyday environment;
- Associates quantities and the names of numbers with written numerals;
- Uses one-to-one counting and subitizing (identifying the number of objects without counting) to determine quantity;
- Uses the number name of the last object counted to represent the number of objects in the set;
- Uses a range of strategies, such as counting, subitizing, or matching, to compare quantity in two sets of objects and describes the comparison with terms, such as more, less, greater than, fewer, or equal to;
- Recognizes that numbers (or sets of objects) can be combined or separated to make another number through the grouping of objects;
- Recognizes the names of common shapes, their parts, and attributes;
- Understands directionality, order, and position of objects, such as up, down, in front, behind;
- Sorts, classifies, and serializes (puts in a pattern) objects using attributes, such as color, shape, or size;
- Compares objects using attributes of length, weight and size (bigger, longer, taller, heavier).

Science Knowledge and Skills
- Uses senses and tools, including technology, to gather information, investigate materials, and observe processes and relationships;
- Observes and discusses common properties, differences, and comparisons among objects;

- Collects, describes, and records information through discussions, drawings, maps, and charts;
- Describes and discusses predictions, explanations, and generalizations based on past experience.