





3. After learning about healthy eating in his Health class at school, Micah decided to try to change his eating habits. He wondered if a healthy diet would have any effect on his weight. On Monday he weighed 156 pounds. While on his healthy diet, he noticed that he lost an average of  $\frac{3}{8}$  pound every two days. How much did Micah weigh after two weeks on his healthy eating plan?