

THINKING ON MY OWN

Video: Powerhouse Pit-Stop

Sequence Nonfiction Text Structure
(set of steps and directions)

Every summer Mason spends a week with his aunt and cousins. It has become a tradition that during Mason's visit they go to the local strawberry farm and pick strawberries. Then they find a recipe they can make together using the strawberries. In the past they had made strawberry pie, strawberry shortcake, and even strawberry jam. This year they decided to make smoothies. Mason and his cousins searched through many different cookbooks until they found a simple smoothie recipe. As Mason read through the recipe, he found it to be a great example of Sequence Nonfiction Text Structure.

Now it's **Your Turn!** Read ***Smoothie School*** and create your own *Think Aloud* and Graphic Organizer.

Then compare your thinking with **Mason's Think Aloud and Graphic Organizer.**



Before You Read:

Think about what you may already know about making smoothies. Think about what you've learned about steps in a process and following directions. Then, jot your ideas.

While You Read:

Notice signal words that can help you determine the order of the events. You may want to highlight signal words in blue and the events in orange, brown, and green. (You may use any colors available to you – just remember your color scheme!)

After You Read:

- Now it's time to try Thinking Aloud on your own. Ask yourself this question, "What are the steps when making a smoothie and what is the smoothie recipe?"
- Use the information you've learned from this passage and Sequence Nonfiction Text Structure to determine the process of smoothie making

Smoothie School

Learn how to make a smoothie and you'll quench your thirst, quiet your growling stomach, and turn your kitchen into your friends' favorite hangout. All you need to create your own delicious smoothies are a few simple ingredients and a blender.

The first step in making smoothies is choosing your favorite single fruit or combinations of fruit. You can use frozen, fresh or canned fruit for your smoothie's fruit base.

The second step is deciding on a thickener. Adjust how thick your smoothie becomes by experimenting with different amounts of low-fat yogurt, frozen yogurt, frozen juice concentrate, or ice.

The third step is adding a liquid. Skim milk, soy milk, flavored water, or fruit juice are all tasty options.

After you have the ingredients in your blender, you can kick up the flavor a notch by adding a little honey, sugar, cinnamon or vanilla extract.

Though it's fun to play around with the measurements, a basic smoothie recipe includes:

- 1 part fruit
- 2 parts thickener
- 1 part liquid

For example, to make one smoothie:

- $\frac{1}{4}$ cup fruit
- $\frac{1}{2}$ cup thickener
- $\frac{1}{4}$ cup liquid

Now, you're ready to send the smoothie ingredients on a wild ride in your blender. Blend the mixture for 30-45 seconds or until smooth. Then, pour into a glass and enjoy!





THINKING ON MY OWN

Video: Powerhouse Pit-Stop

Sequence Nonfiction Text Structure
(set of steps and directions)

Create a Graphic Organizer:

After you have determined the sequence for making smoothies create a graphic organizer below. Then create a separate graphic organizer for the recipe. Both should represent your thinking and help you remember the author's steps in the process and the amount of ingredients needed.



THINKING ON MY OWN

Video: Powerhouse Pit-Stop

Sequence Nonfiction Text Structure
(set of steps and directions)

Compare your Think Aloud with Mason's Think Aloud:

Mason's Think Aloud: I've never made a smoothie before, but I sure love to drink them! Just from a quick look at the directions, I notice a lot of *signal words* right at the beginning of each step. From the words I see, I'm thinking that it is written using *sequence text structure*. I will create a *sequence chart graphic organizer* to record my thinking and help me understand each step in making the smoothie.

I know from the signal word, "first" that this begins the process. I'm thinking that strawberries will be my fruit of choice since I picked so many at the farm. I think one fruit will be good to start with since I've never made smoothies before.

When I read the word, "second" I understand where the next step starts. I always wondered why smoothies were so thick. I used to think it was just blended up fruit, but now I know that a thickener is used. I would love to use frozen yogurt, yum!

I know "Third" indicates the next step. Now I have to choose a liquid. Hmm, I don't think I want milk since I am going to use frozen yogurt. I think I like the option of juice.

I don't notice another ordinal number, but I do notice the signal word "After." I'm thinking that it is the "fourth" step of the recipe since it comes after "third." I read that by adding some additional ingredients, it can kick up the flavor. I realize that this step is a choice the cook makes because of the words "you can." They help me understand this step is optional to making a unique smoothie.

Now I notice that the exact measurements are listed. It's not steps being listed; it's more like a recipe because the amounts are shown. That makes it easier! I don't have to guess how much I'll need of each ingredient. Recipes are helpful! I wonder what it means by "part?" I see that a part can be any amount that the cook determines. So, two parts thickener simply means double the amount of fruit and liquid I used. These smoothies will be for my aunt, cousins, and myself. I think that our "parts" will have to be bigger.

Wow, it is blended in less than a minute. This is a pretty quick recipe. After reading through this, I realize the recipe is what I'm going to want to remember for next time. I think it will be best to create a separate graphic organizer for that. I'm getting thirsty!

Smoothie School

Learn how to make a smoothie and you'll quench your thirst, quiet your growling stomach, and turn your kitchen into your friends' favorite hangout. All you need to create your own delicious smoothies are a few simple ingredients and a blender.

The **first** step in making smoothies is **choosing your favorite single fruit or combinations of fruit**. You can use frozen, fresh or canned fruit for your smoothie's fruit base.

The **second** step is **deciding on a thickener**. Adjust how thick your smoothie becomes by experimenting with different amounts of low-fat yogurt, frozen yogurt, frozen juice concentrate, or ice.

The **third** step is **adding a liquid**. Skim milk, soy milk, flavored water, or fruit juice are all tasty options.

After you have the ingredients in your blender, **you can kick up the flavor** a notch by adding a little honey, sugar, cinnamon or vanilla extract.

Though it's fun to play around with the measurements, a basic smoothie recipe includes:

- 1 part fruit**
- 2 parts thickener**
- 1 part liquid**

For example, to make one smoothie:

- $\frac{1}{4}$ cup fruit
- $\frac{1}{2}$ cup thickener
- $\frac{1}{4}$ cup liquid

Now, you're ready to **send the smoothie ingredients on a wild ride in your blender**. **Blend the mixture for 30-45 seconds or until smooth**. **Then, pour into a glass and enjoy!**





Compare your Graphic Organizer with Mason's Graphic Organizer:

Mason's Graphic Organizer: "Because the author is providing a set of steps and directions I am going to use a sequence chart graphic organizer to record the process for making smoothies. I will have a second sequence chart graphic organizer for the recipe."

Questions to Think About:

- How do *signal words* help Mason make sense of the text?
- How does the *Sequence Chart* help Mason identify the steps?
- Why might this process help you make sense of text?
- When might this process be useful?

